

Halton Adult Learning

Future planning

Course Code ART/INTROVB/24/2/A

Time and duration

Start Date: 26 March 2025

Start Time: 17:00 Weeks:

Location

Acorn Learning Centre Kingshead Close Castlefields Runcorn WA7 2JE

Description

Vision boards are a powerful tool to turn your dreams, aspirations or goals into reality, whether they are personal, professional or both. By creating and using a vision board, it keeps your goals at the forefront of your mind, making it easier to stayed focused and motivated.

Topics covered

Throughout this 1 day course you will:

Learn about the purpose of vision boards and how they work

Develop an understanding of the basics of manifestation and how it can help you to reach your goals

Create your own vision board using a range of materials and resources (provided)

Entry Requirements:

None - This course is for people who are looking for inspiration and guidance to help with motivation and are unsure how to move forward with setting their goals.

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